

# CPC #24: The history of my own EHS from a chapter of my biohacking book

Here is a present for my Patrons and members. I told you you would all get the benefits of reading snippets from my future works if you remain a Patron. This is the “early” release of my own biohack from 2003-2005 of my own EHS reversal from my Operating room lights and WiFi.

I have told this story to many of my patients with EHS.

**PORPHYRINS Hb ARE ARTERIAL SENSORS FOR UV-A, UV-B and IR-A SUNLIGHT**

UVA = NO MEL in eye

LAMINAR FLOW

DHA RBC's

93% of blood is water

NO causes dermal pooling

Cholesterol Sulfate

**DAY = WAVES NIGHT = NONE = 5 PHOTONS**

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