

# CPC #30: Grounding Fundamentals

Cymatics explains life inside a cell in pictures.....it shows how light coming out of a point source like an electric socket can be turned into sound by machines which control the information and energy to make things inside of cell using matter to shape life. In the video, the machine create the sizes and shapes on the speakers. Inside of you, your proteins, transform the light of the sun into sizes and shapes of matter inside of cells. This process is affected by grounding.



Become an Optimal Klub Member or a Patron on [Patreon.com](https://www.patreon.com) to read the full blog.