

Do you go all in for nature or yourself?

Do you live life with a fire in your soul? If not change that today. If you're going to try, go all the way. Otherwise, don't even start. YOU MUST GO ALL IN.

This could mean losing girlfriends, wives, relatives and maybe even your mind. It could mean not eating for three or four days or even a month. It could mean freezing on a park bench or doing cold thermogenesis. It could mean jail. You could be ostracized for being UNIQUE. It could mean total derision. It could mean mockery—isolation.

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