

# **HYPOXIA #3: HOW GOOD IS YOUR EVIDENCE?**

People have remarked how could medicine not understand how powerful circadian biology and the sun are for humans? How did we swing and miss on thiamine, deuterium, and mitochondrial biology?

Might it be how we collect our evidence in medicine?

I think so.

Why? When I went through my own awakenings in 2004 and 2005 a key paper came out in the literature.

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