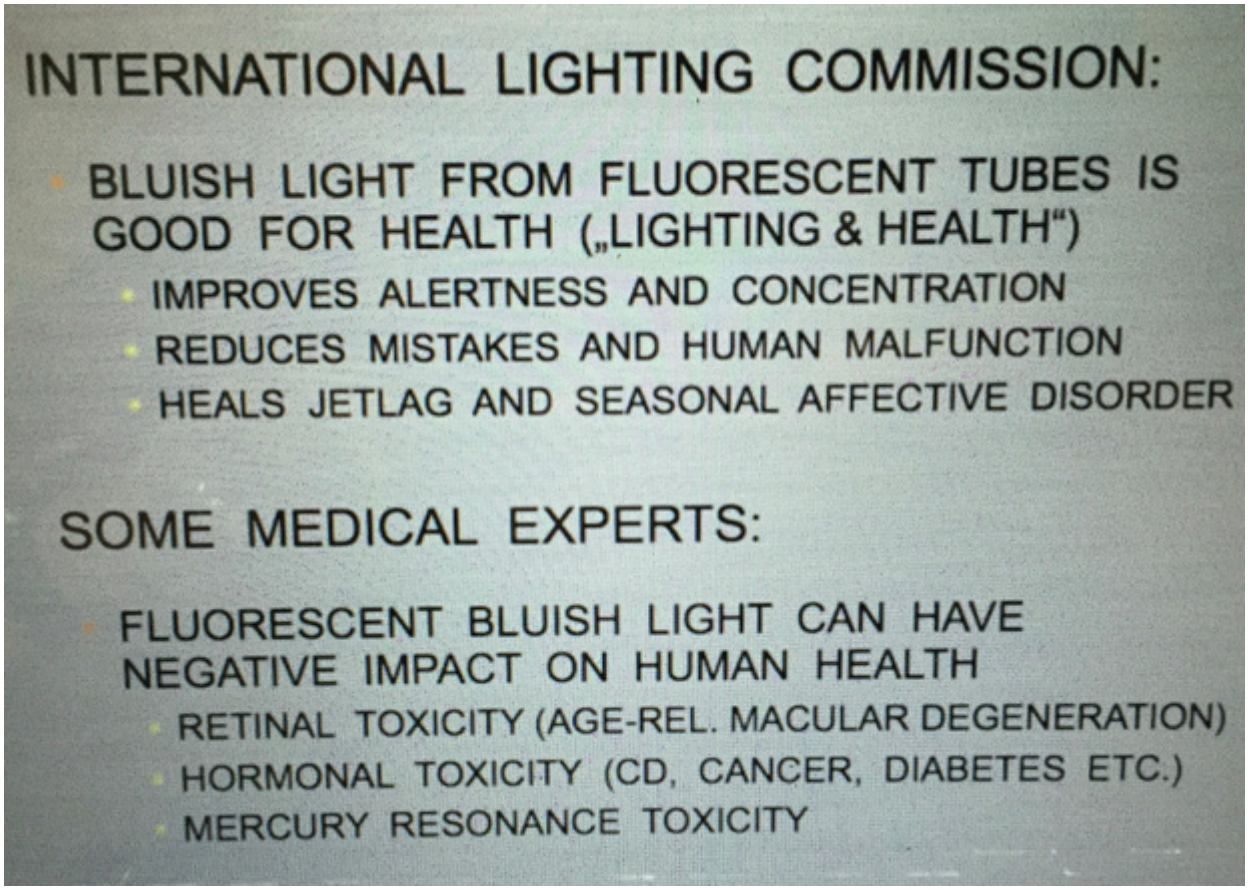
# HYPOXIA #6: WHAT IS CREATING SKINNY DIABETICS IN MASSIVE NUMBERS?




**It is difficult to get modern humans to understand something when THEIR addiction to its use depends on THEM not understanding it.**

This blog is about that very issue.  Does technology create an altered immune state in modern humans that lead them open to a myriad of diseases?

Yes.

Did you know that taking exogenous melatonin thins your retina and makes you fatter, yet endogenous melatonin production seems to help us maintain leptin sensitivity?  Ask your food gurus and your supplement sellers why this is the case before

you ever give them a cent.

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