HYPOXIA #6: WHAT IS CREATING SKINNY DIABETICS IN MASSIVE NUMBERS?

INTERNATIONAL LIGHTING COMMISSION:

BLUISH LIGHT FROM FLUORESCENT TUBES IS GOOD FOR HEALTH ("LIGHTING & HEALTH")

IMPROVES ALERTNESS AND CONCENTRATION
REDUCES MISTAKES AND HUMAN MALFUNCTION
HEALS JETLAG AND SEASONAL AFFECTIVE DISORDER

SOME MEDICAL EXPERTS:

FLUORESCENT BLUISH LIGHT CAN HAVE
NEGATIVE IMPACT ON HUMAN HEALTH
RETINAL TOXICITY (AGE-REL. MACULAR DEGENERATION)
HORMONAL TOXICITY (CD, CANCER, DIABETES ETC.)
MERCURY RESONANCE TOXICITY

It is difficult to get modern humans to understand something when THEIR addiction to its use depends on THEM not understanding it.

This blog is about that very issue. Does technology create an altered immune state in modern humans that lead them open to a myriad of diseases?

Yes.

Did you know that taking exogenous melatonin thins your retina and makes you fatter, yet endogenous melatonin production seems to help us maintain leptin sensitivity? Ask your food gurus and your supplement sellers why this is the case before you ever give them a cent.

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