IS NATURE CAPABLE OF SUSPENDING HER LAWS TO BUILD LIFE?

1 diet/exercise/movement stage. X
2 primal/paleo/vegan nonsense. X
3 supplements/biohacking. X
4 Mitochondriac. X
5 Black Swan mitochondriac.
Bingo
Jack Kruse

Do you know the purpose of the unusual construction of the mitochondrial membranes? Did you know that the inner mitochondrial membrane is the ONLY membrane in humans that is DEVOID of DHA? Do you know why the membranes in the mitochondria are built by Nature to be extremely hydrophobic? Do you know that these membranes can carry voltages close to

30 million volts because of this build-out? Do you know that one of these membranes actually makes water from food? Did you know that the atomic construction of this water also has to be specifically depleted of a certain isotope? Do you know why all these things exist in your mitochondria?

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