

Relationship Redox #4: What is my Wisdom of my Circle of Six Concept?

7 Signs of a Genuine kinship is found in My Wisdom of the Circle of Six

How do you really value yourself? To say you have no choice in life is to relieve yourself of responsibility.

It is one thing to lose people you love as your journey unfolds. It is another to lose yourself in the very same process. There is a greater loss of time in the world. Realize that shit is the real talk your life needs daily.

The six best healers in the world
that I know:

1. Sunlight
2. Un-fluoridated water
3. magnetism/grounding to Earth
4. seafood
5. Self Confidence
6. Friends

That is all.....Carry On.

Jack Kruse

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