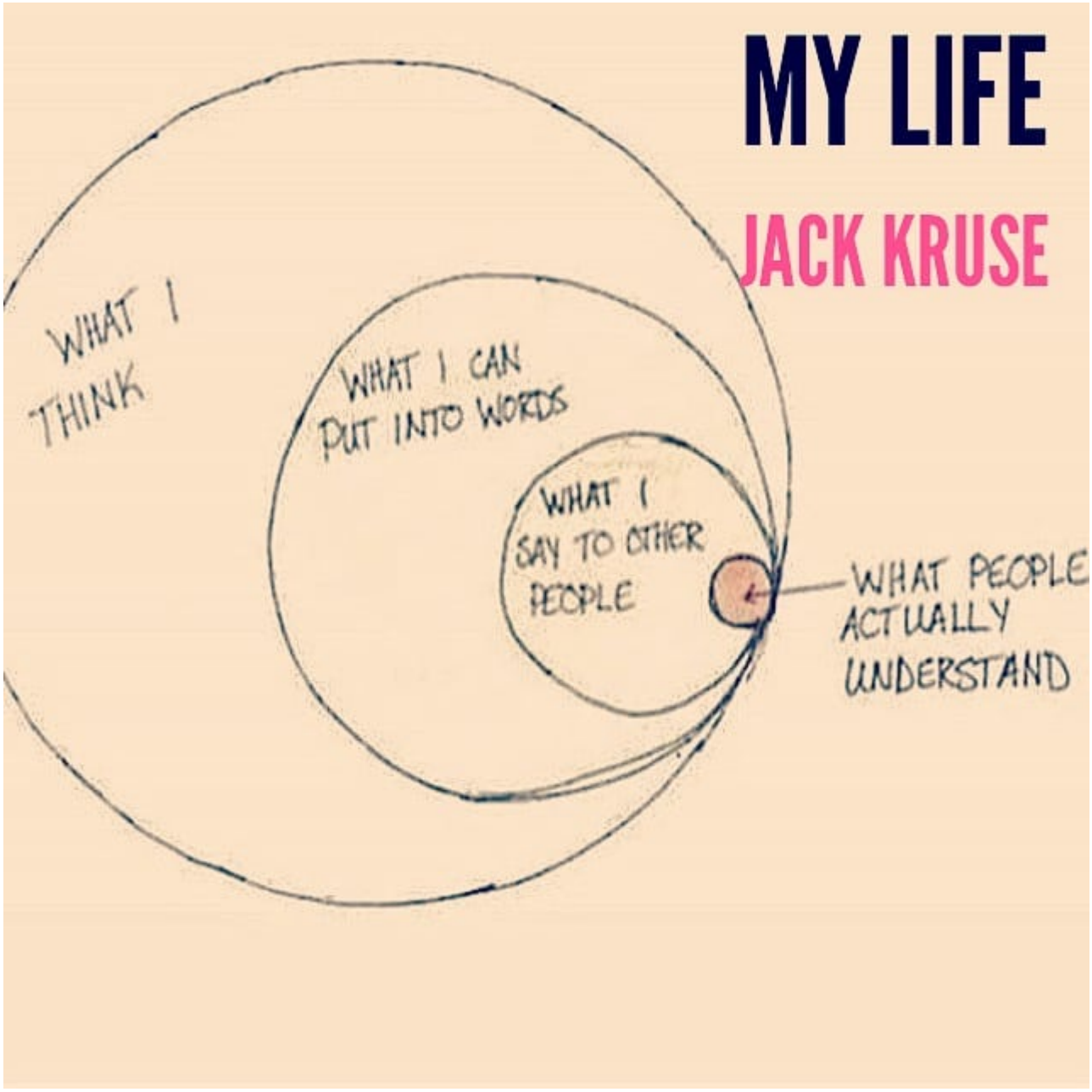
Relationship Redox #5: Proton Gradients are Foundational to Your Life

What don’t they know about protons and how they relate to our relationships?

The way we think and feels about people in our life comes down to the redox state in our central nervous system.



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